## MERIDIAN PARKS AND RECREATION

# **ACTIVITY GUIDE**





# Let's Play!

### Fall 2024

#### Meridian Parks and Recreation

#### Our Mission

The Meridian Parks and Recreation Department's mission is to enhance our community's quality of life by providing innovatively designed parks, connected pathways, and diverse recreational opportunities for all citizens of Meridian that create lasting memories.

#### Our Vision

Meridian Parks and Recreation is a premier department that provides family-focused opportunities for the Meridian community and responds to a growing and changing population.

#### Our Focus Areas

Quality / Community / Fun

#### Meridian Parks and Recreation Administration

Meridian City Hall—Second Floor 33 E. Broadway Avenue, Suite 206 Meridian, ID 83642

> Phone: (208) 888-3579 Fax: (208) 898-5501

E-Mail: recreation@meridiancity.org Website: meridiancity.org/parks

Hours: Monday—Friday, 8:00 am—5:00 pm

For facility issues after hours, call (208) 409-6666

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Watch for useful community event information throughout the guide!

Our Activity Guides are published online three times a year — typically in April, August and November.

#### **Take Your Workout Outdoors!**



Check out our outdoor gyms and gym equipment in Kleiner, Tully, Reta Huskey, and Keith Bird Parks! Free and open to the public daily from sunrise to sunset.

# the fastest way



#### Facebook:

City of Meridian Meridian Parks and Recreation Storey Bark Park Meridian Arts Commission Meridian History Lakeview Golf Club

#### Instagram & X:

- @MeridianIdaho
- @MeridianParksAndRecreation
- @DiscoveryBikeandSkatepark

A Few of Our Favorite Hashtags: #MyMeridian #MeridianIdaho #MeridianParks #MeridianArts #MeridianDowntown #PictureMeridian #HelloMeridian #MeridianLife #MeridianKind #IdaHome #IdahoLiving #MeridianHistory #MeridianLifestyle #idahome

#### **Mayor of Meridian**

Robert Simison

#### **Meridian City Council**

Seat 1 — Brian Whitlock

Seat 2 — Liz Strader

Seat 3 — Doug Taylor

Seat 4 — John Overton

Seat 5 — Anne Little Roberts

Seat 6 — Luke Cavener

# Meridian Parks and Recreation Commission

Generally meets the 2nd Wednesday of each month at 5:30 pm at Meridian City Hall. Watch at: youtube.com/cityofmeridian.

Mandi Roberts, Chair Dom Gelsomino, Vice Chair Jennifer Bobo Terry Dennington Jo Greer Alan Helms

Elle Hood (Youth)
John Nesmith

**Brienne Sandow** 

#### Parks and Recreation Staff

#### **Director:**

Steve Siddoway

#### **Administrative Assistants:**

Rachel Myers Sheena Honey

#### **Recreation Manager:**

**Garrett White** 

#### **Recreation Coordinators:**

Skyler Cook (Sports & External Events)
Maggie Combs (Sports)

Jenna Fletcher (Classes & Camps)

Renee White (Special Events)

#### **Parks Superintendent:**

Mike Barton

#### **Parks and Pathways Project Manager:**

Kim Warren



#### **Parks Maintenance Manager:**

Roger Norberg

#### **Year-Round Parks Maintenance Staff:**

John Aceves, Jeremy Aldrich, Dave Cereghino, James Christensen, Joey Cordova, Kevin Gallivan, Phil Harris, Codi Heaton, Joe Hoover, Frank Keeney, Wade Maisey, John Meuser, Debbie Miller, Shawn Moore, Will Rodgers, Mike Russo, Rex Rutherford, Dakota Timmons, Dan White

#### **City Arborist:**

Kyle Yorita

#### **Arts & Culture Coordinator:**

Cassandra Schiffler

#### **Marketing Coordinator:**

Shelly Houston

#### **Volunteer Coordinator:**

Jenna Haley

#### **Lakeview Golf Club General Manager:**

Ryan Roberts, PGA

#### **Meridian Pool Aquatics Coordinator:**

Willow Spurlock

#### **Meridian Homecourt Facility Manager:**

Jake Garro

#### **Meridian Homecourt Site Supervisors:**

Ross Cipriano Ilhui Lozada Cortes Renee McFarlane

#### **Sports League Site Supervisor:**

Todd Vanderhoff

#### Lakeview Golf Club Staff

General Manager /
Head Golf Professional:

Ryan Roberts

Golf Shop Assistants:

Mark Cordry Lexi Loll

**Facilities Manager:** 

Jake Garro

Assistant Golf Professional:

Pete Burton

Golf Course Superintendent:

Kevin Fipps

Golf Course Assistant Superintendent:

Donald May

Golf Maintenance Technicians:

Henry Carr Rodney Spannaus



#### Find the Fun!

# Program Locations



Fuller Park - 3761 W. Park Creek Dr.

Gordon Harris Park – 2400 E. Three Bars Dr.

Heroes Park-3064 W. Malta Dr.

Kleiner Park – 1900 N. Records Ave.

Meridian Community Center – 201 E. Idaho Ave.

Meridian Homecourt – 936 Taylor Ave. Suites 101 & 104

Meridian Pool Classroom-213 E. Franklin Rd.

Motions Dance Studio – 440 W. Pennwood St. Suite 140

Motions Gym - 440 W. Pennwood St. Suite 140

Music Center Studios - 12516 W. Fairview Avenue, Boise

The Angry Easel – 301 E. 3rd Street

# Message from the Director



Steve Siddoway

Director

Meridian Parks and
Recreation







I spoke with a staff member recently and we both remarked on how quickly summer is flying by this year! We also took a moment to celebrate some of the many projects, events, and activities the Meridian Parks & Recreation Department has been able to accomplish since the start of the year, bringing more opportunities for fun to the citizens of our great community.

New pathway connections have been completed in both south and north Meridian; additional classroom space was created at the Meridian Homecourt; we opened an all-new accessible playground and our park system's first communication board in Tully Park; we partnered with Valley Regional Transit to unveil new transit shelter public art; Settlers Park received an updated splash pad; property was purchased to serve as the site of a future community center; the Lakeview Golf Course clubhouse remodel was completed; and Meridian earned the *Tree City of the World* designation.

But we're not done yet! There are many more exciting opportunities for family friendly fun coming soon.

Plans are already well under way for our autumn and early winter events. Concerts on Broadway will kick off on September 7th, followed on the heels by a robust Meridian Art Week, which will take place September 8-14 and is featured on pages 27-31 of this Guide.

From there we'll turn our sights to our annual Trunk or Treat event. We're currently taking sign-ups for businesses and organizations who would like to have fun by dressing up, decorating a vehicle and handing out candy to the several thousand trunk or treaters who will come to City Hall's outdoor plaza to celebrate in super-creative costumes.

Christmas in Meridian will be up next with the Winter Lights Parade and Christmas Tree Lighting, Children's Winterland Festival, Salvation Army Angel Tree toy drive, and more.

If you'd like to take part in any of these events or serve as a volunteer, we'd love to hear from you! You can learn more on our website at <a href="https://meridiancity.org/parks/special-events">https://meridiancity.org/parks/special-events</a> or <a href="https://meridiancity.org/volunteer">https://meridiancity.org/volunteer</a>.

And if you're interested in helping to improve our community recreation facilities and pathways, there will be public involvement opportunities coming up for the design of our new community center, as well as an upate to our Pathway System Master Plan.

Enjoy this Fall Activity Guide and all it has to offer!

Every child in our community deserves a chance to be active and play!

# Financial Assistance Now Available

for Youth Classes, Camps and Activities

Learn more about

Meridian Parks and Recreation's

Care Enough to Share

youth financial assistance program:

www.meridiancity.org/share





Through the Meridian Parks and Recreation Department's **Care Enough to Share** Program, financial assistance with registration fees may be available for children from qualifying families who are interested in participating in the classes, camps and activities offered through the department's seasonal *Activity Guide*.

#### Qualifying families residing within the City of

**Meridian** can receive assistance for up to 80% of an activity fee or membership, for a maximum of \$250.00 per year/ per child (up to 18 years of age).

To be eligible, families must reside at an address within the Meridian city limits AND be receiving assistance through a program such as:

Free or Reduced School Lunch Food Stamps Medicaid Energy Assistance

Documentation that the applicant is participating in an approved assistance program is required and <u>must be provided</u> with the application.

A parent/guardian can apply early to pre-qualify for funds for upcoming activities. A completed Care Enough to Share application form must be submitted at least two weeks prior to the desired activity or membership's start date or two weeks prior to the release of the next seasonal *Activity Guide*, whichever occurs first, in order to receive financial assistance. Parents/Guardians will need to fill out the residency information, and what type of assistance they are currently receiving, and, if known, which class, camp, activity or membership they would like to enroll their child in.

The Care Enough to Share application form can be completed online and submitted electronically at: www.meridiancity.org/share.

The Meridian Parks and Recreation Department's seasonal *Activity Guide* describes all classes, camps, and activities currently being offered. The *Activity Guide* can always be accessed online at: www.meridiancity.org/activityguide. New issues of the *Activity Guide* typically come out each April, August, and December.

If you have any further questions, please call the Meridian Parks and Recreation office at (208) 888-3579 or visit us on the second floor of Meridian City Hall at 33 E. Broadway Avenue in downtown Meridian during regular business hours (Monday—Friday, 8:00 am—5:00 pm). You may also contact us via e-mail at: recreation@meridiancity.org.

# **How to Register**

**NOTE:** Registration for Fall 2024 programs opens on Friday, August 9, 2024, at 9:00 am.



#### **Online**

Go to **www.meridiancity.org/activityguide** and click the link to our online registration system. From there you can register and make payment via your credit or debit card.



#### By Phone

Call us during regular business hours (Monday—Friday, 8:00 am—5:00 pm, excluding major holidays) at **208-888-3579**. Please be prepared to provide us with a credit card number at the time you make your activity registration. Pre-payment is required.



#### In Person

Visit our administrative office on the second floor of Meridian City Hall at 33 E. Broadway Avenue during regular business hours to register and pay for activities in person. We accept most credit cards, cash, or checks payable to: City of Meridian.

#### **Payment**

**Pre-payment is required** at the time all activity registrations or reservations are made. We accept VISA, MasterCard, Discover, cash, and checks payable to: City of Meridian.

#### Don't Delay — Register Today!

Class and trip minimums must be met three working days before the activity start date. Don't let a great activity be cancelled by waiting until the last minute to register; please register early!

#### **Liability Release Waiver**

Registering for any of our programs implies you have read, understood and agree to the following:

The City of Meridian reserves the right to cancel classes when minimum enrollment has not been met. Should this occur, a full refund or credit towards another session will be issued.

The City of Meridian reserves the right to adjust all program times, dates, and locations if necessary.

Refunds must be requested at least **two full working days prior to the activity start date**. All refunds are subject to a \$5.00 service charge.

**NOTICE OF WAIVER:** Your participation in (or your child's participation in) recreational activities offered by the City of Meridian is subject to your consent to these conditions. Your acceptance of these conditions means that you cannot later bring a claim against the City, its agents, and/or its employees.

- 1. You acknowledge that participation in recreational activities offered by the City presents risks, some of which are unknown, and agree to assume all risks associated with your or your child's participation.
- 2. You release and forever discharge the City, its agents, and employees from all real or possible claims for damages or other harm to person or property not attributable to the tortious conduct of the City's agents or employees, regardless of the manner by which such claim may be brought.
- 3. You consent and authorize first aid, emergency medical care, and/or hospitalization for treatment of injuries or illness that you sustain or your child sustains while or as a result of participating in this activity/activities, in the event that you are not available to provide or obtain such care for yourself/your child.
- 4. You understand that you are solely responsible for any and all expenses that are incurred as a result of any accident or illness incurred while or as a result of participating in activities offered by the City.
- 5. You consent to the publication and/or use of any photograph or recordings of you/your child by the City of Meridian for promotional purposes.

#### **Digital Photography 101**

**Ages:** 16+

Instructor: David Wuerth

**Location:** Meridian Community Center

Min/Max: 3/8

Digital Photography 101 is intended for owners of DSLR and advanced point and shoot cameras. This class will cover shutter speed settings, lensopening settings, ISO, shooting modes and basic camera operations with the goal of helping camera owners gain a better understanding of how to use their photography gear. Other material covered includes software, camera accessories, composition and shooting situations.

Oct 8-29 | Tue | 6:30-8:00 pm | \$75



#### **Advanced Photography**

**Ages**: 16+

**Instructor:** David Wuerth

**Location:** Meridian Community Center

Min/Max: 3/5

This advanced class is intended for people who know how to operate their single lens reflex cameras and mirrorless cameras. You must be able to change ISO, lenses, openings and shutter speeds. This class will cover how the instructor created some of his own images: long shutter speeds and available light situations, working with a tripod and using different lenses and what effect they have on your images. We'll discus shooting various sports and stage photography and Photoshop, and will address specific shooting situations students might face.

Nov 5-26 | Tue | 6:30-8:00 pm | \$75

#### **Kindermusik**

Ages: 0-4 (Adult must attend with child)

**Instructor:** Music Center Studios **Location:** Music Center Studios

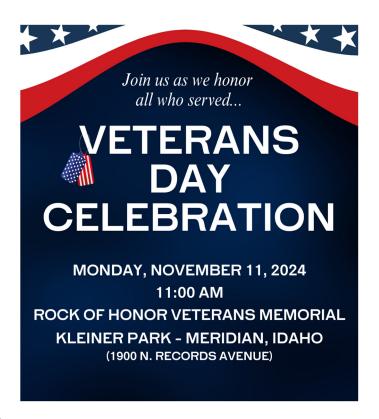
(Fairview Location)
Min/Max: 3/10

Joyful experiences stick with us – including educational ones! Build confidence, strengthen family connections, and help your child meet developmental milestones through the power of music. You'll experience exciting themes with engaging songs, stories, movement prompts, and instruments to spark the imagination. Leave class with musical activity ideas to continue the experience and reinforce the joy in your home, the car, yard, or wherever you are.

\*Adult must attend class with child.

Sept 3–24 | Tue | 9:30–10:15 am | \$64 Oct 1–22 | Tue | 9:30–10:15 am | \$64 Oct 29–Nov 19 | Tue | 9:30–10:15 am | \$64

Sept 5–26 | Thur | 5:30—6:15 pm | \$64 Oct 3–24 | Thur | 5:30—6:15 pm | \$64 Nov 7–Dec 5\* | Thur | 5:30—6:15 pm | \$64 \*no class Nov 28



#### **Dazzle & Dance Camps**

Ages: 4-7

**Instructor**: Motions Instructors **Location**: Motions Dance Studio

Min/Max: 4/15

Come dance with us dressed up as your favorite princess, mermaid or unicorn! Mix and match these camps for the perfect introduction to ballet and creative movement for your littlest dancers. Creativity is encouraged as students learn proper technique and vocabulary through a specially designed curriculum that is taught to a variety of fun, age specific music and activities

\* Please wear dance attire or athletic clothing

(form fitting and stretchable)

\* Visit our website at motionsdancestudio.org for more class information.

Halloween

Oct 26 | Sat | 10:00-11:00 am | \$15

Thanksgiving

Nov 16 | Sat | 10:00-11:00 am | \$15

Christmas

Dec 7 | Sat | 10:00-11:00 am | \$15

#### **Motions Medley Camp**

**Ages:** 4-7

**Instructor:** Motions Instructors **Location:** Motions Dance Studio

Min/Max: 4/16

These exciting camps are perfect for little dancers who are looking for a fun activity without the commitment and structure of a yearlong program! Each camp has a new theme with different dances, songs and activities to guide the students on an exciting journey of exploring the creative world of dance! Dancers will be introduced to beginning ballet, jazz, creative movement, and tumbling! \*Please wear dance attire or athletic clothing (form fitting and stretchable). Hair must be pulled back.

\* Visit our website at motionsdancestudio.org for more information and specific class instructors.

Sept 7—28 | Sat | 10:00–11:00 am | \$45

#### **Beginner Cheer Camp**

Ages: 6+

**Instructor:** Motions Cheer Coaches

**Location:** Motions Gym

Min/Max: 4/15

This camp is for anyone who has ever wanted to try cheerleading! Athletes will work on basic cheer fundamentals including jumps, dance, stunting, tumbling, and cheering with our All Star certified coaches.

- \* Please wear cheer attire or athletic clothing (form fitting and stretchable). Hair must be pulled back.
- \* Visit our website at motionsdancestudio.org for more information and specific class instructors.

Sept 21 | Sat | 12:05—1:05 pm | \$45





#### **Tumbling Skills Camps**

**Ages:** 5+

**Instructor:** Motions Staff **Location:** Motions Gym

Min/Max: 4/15

These skills camps are open to all beginning and intermediate level tumblers who want to learn and work on their cartwheels. backbends, back walkovers, aerials and back handsprings. Our experienced staff will work with each student on drills that will help the students accomplish their goals of learning these skills. Classes are structured to stimulate coordination, balance, strength, basic tumbling skills.

- \* Please wear gymnastics or athletic clothing (form fitting and stretchable - shirts cannot fall over the face) hair must be pulled back.
- \* Visit our motionsdancestudio.org for more information and class instructors.

#### **Back Handsprings\***

Sept 21 | Sat | 11:00 am-12:00 pm | \$25 \*must be able to complete a solid back walkover This class is for kids looking to master or learn their back handsprings. We will focus on proper technique such as body alignment, explosive power generation, and flawless landings. Various progressions may also be taught depending on individual level.

\*Students who already have a back handspring can attend and work on their step out variation, and back handspring series.

#### Cartwheels

Oct 26 | Sat | 11:10-11:40 am | \$15 This class is for kids who have never done a cartwheel through kids who are working on cleaning their cartwheels on both sides. We will focus on proper hip placement, gaining control, and cartwheel progression based on individual level.

#### **Backbends**

Oct 26 | Sat | 11:45 am-12:15 pm | \$15 This class will teach students how to properly push up into a backbend from laying on the ground (sometimes known as a bridge), and will also focus on strengthening our backbends and increasing flexibility in students' backs and shoulders.



#### Aerials\*

Nov 9 | Sat | 11:00 am-12:00 pm | \$25 \* Min requirements clean one handed cartwheel, dive cartwheels and round-off This class is for kids looking to master or learn their aerial. We will focus on building strength, improving flexibility, and refining technique to ensure smooth, high flying execution. Various progressions may also be taught depending on individual.

\* For students who have already mastered their side aerial can attend and work on front aerials, and opposite side aerials.

#### Back Walkover\*

Nov 16 | Sat | 11:15 am-12:00 pm | \$20 \*Minimum requirement Backbend from standing, close to a kickover or have a kickover

This class will focus on helping students solidify their kick-overs, or turn their backbend kickovers into a back walkover. We will focus on drills to gain control in our backbends, strengthen and increase flexibility in shoulders and backs, and strengthen students' core muscles.

#### Cartwheels

Dec 7 | Sat | 11:10-11:40 am |\$15 This class is for kids who have never done a cartwheel through kids who are working on cleaning their cartwheels on both sides. We will focus on proper hip placement, gaining control, and cartwheel progression based on individual level.

#### **Backbends**

Dec 7 | Sat | 11:45 am-12:15 pm | \$15 This class will teach students how to properly push up into a backbend from laying on the ground (sometimes known as a bridge), and will also focus on strengthening our backbends and increasing flexibility in students' backs and 11 shoulders.

# **Kendo – Introduction to Japanese Fencing**

**Ages:** 10+

**Instructor:** Robert Stroud **Location:** Meridian Homecourt

Min/Max: 4/35

Kendo is an exciting sport based on martial arts traditions requiring both mental and physical discipline. The beginning class focus is on learning basic footwork and sword handling, as well as manners and proper etiquette in preparation for the advanced class. Students should wear loose fitting workout clothing. Each student will receive a shinai (bamboo practice sword).

Sept 16-Oct 24 | Mon/Thur | 6:30-7:30 pm | \$75

#### **Advanced Kendo Class**

Students must have completed Beginning Kendo class or have instructor's permission.

Sept 9–Oct 31 | Sun/ Mon/ Wed/ Thur | 6:30–8:30 pm | \$70

Nov 3-Dec 19\* | Sun/ Mon/Wed/Thur | 6:30-8:30 pm | \$70

\*no class Nov 28

Note -- Sunday classes are from 8:30–10:30 am at the Meridian Homecourt

#### **After School Fencing Camp**

**Ages:** 7-15

Instructor: Silvino Lyra

Location: Meridian Homecourt

Min/Max: 5/10

Enjoy the sport of fencing after your day in school with Coach Silvino Lyra, an Olympic Coach at the 2004 Olympics in the Modern Pentathlon. Five days of camp that will teach you the principles, strategies and movement of fencing with epees. We will not be using real equipment, but Italian plastic replicas that will be sufficient for a good enjoyment of the sport. 90% of this class will be learning through competition between participants. Fencing is called "physical chess" because it challenges both the body and the mind. Fencing improves hand eye coordination, concentration, physical fitness, self esteem and respect.

Oct 7–30 | Mon/Wed | 4:30–5:30 pm | \$120 Nov 4–27 | Mon/ Wed | 4:30–5:30 pm | \$120 Dec 2–23 | Mon/ Wed | 4:30–5:30 pm | \$120



**Celebration and Resource Fair** 

Saturday, August 24
10:00 am—2:00 pm
(Presentation at Noon)
Settlers Park
3245 N. Meridian Road

Presented by Idaho Parents Unlimited and the City of Meridian



#### **Amazing Athletes**

**Ages**: 3-6

**Instructor:** Amazing Athletes **Location:** Meridian Homecourt

Min/Max: 6/12

Do you have a child with energy to spare and a love of movement? If so, this 5-week program is for you! In our fun and action-packed class, we teach the fundamentals of ten sports and introduce nutrition and major muscle groups to provide a well-rounded fitness experience. By exploring football, volleyball, soccer, basketball, lacrosse, golf, hockey, tennis, baseball and track and field, we are able to give children a broader understanding of sports. Our unique and noncompetitive program is the perfect place for your child to begin developing a love for sports and find what they enjoy most.

Sept 11–Oct 9 | Wed | 11:45 am–12:30 pm | \$78 Oct 16–Nov 13 | Wed | 11:45 am–12:30 pm | \$78

Meridian Homecourt Bay 6 Schedule: Sept 3-Oct 1 | Tue. | 4:45-5:30 pm | \$78 Oct 15-Nov 12 | Tue. | 4:45-5:30 pm | \$78



Have you lost or found something in a Meridian park or facility?

Call us at 208-888-3579 during our 8:00 am—5:00 pm regular business hours; we might be able to help!



# /Sparklight Movie Night

Friday, August 9
Beginning at Dusk
in Meridian's Settlers Park
FREE!

Sponsored by: Meridian Anti-Drug Coalition







Call Meridian Parks & Recreation at (208) 888-3579 or visit meridiancity.org/movienight for details



## **Chemistry Creations with ENKIDS STEM**

**Ages:** 8–11

Instructor: Sangam Stanczak

**Location:** Meridian Community Center

Mini/Max: 6/24

Dive into the captivating world of chemistry with our Chemistry Creations class! This program offers a hands-on, interactive journey into the wonders of chemical reactions, molecular structures, and more. Each session is filled with exciting experiments and creative projects that make learning fun and memorable. Participants will conduct thrilling experiments that illustrate key chemistry concepts, from reactions and mixtures to states of matter. They will also build and create unique chemistry-based projects that spark imagination and curiosity. This class will teach about the scientific method, how to make observations, and how to draw conclusions from experiments, along with the importance of safety and how to handle materials responsibly. Students will participate in group activities and discussions that enhance understanding, foster teamwork, and ignite their passion for science!

Sept 3–Oct 1 | Tue | 5:30–6:20 pm | \$55 Oct 8–Nov 5 | Tue | 5:30–6:20 pm | \$55 Nov 12–Dec 17\* | Tue | 5:30–6:20 pm | \$55 \*no class Nov 26

## Science Wonders Workshop with ENKIDS STEM

**Ages:** 5 – 7

**Instructor:** Sangam Stanczak

**Location:** Meridian Community Center

Min/Max: 6/20

Welcome to the Science Wonders Workshop, where curiosity meets creativity! Designed for children ages 5-7, this workshop is a fun-filled journey into the amazing world of science, technology, engineering, and math (STEM). Each session is packed with hands-on activities that inspire young minds and foster a love for discovery. Watch your child's eyes light up with excitement as they explore the fascinating world of STEM through hands-on learning and ageappropriate activities! This class also promotes learning by doing, which helps children understand and remember concepts better. Teamwork and collaboration through group projects and activities will also help kids build confidence as they discover new skills and knowledge.

Sept 5–Oct 3 | Thur | 5:30–6:20 pm | \$55 Oct 10–Nov 7 | Thur | 5:30–6:20 pm | \$55 Nov 14–Dec 19\* | Thur | 5:30–6:20 pm | \$55 \*no class Nov 28

#### **BaseballTots**

**Instructor:** Skyhawks Sports **Location:** Meridian Homecourt

Min/Max: 6/18

BaseballTots classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game! \*Parent participation required for ages 2-3.5 years.

#### Ages: 2 - 3

Sept 13–Oct 4 | Fri | 4:15–4:50 pm | \$75 Oct 11–Nov 8 | Fri | 4:15–4:50 pm | \$85 Nov 15–Dec 20\* | Fri | 4:15–4:50 pm | \$85 \*no class Nov 29

#### Ages: 3 - 4

Sept 13–Oct 4 | Fri | 5:00–5:40 pm | \$75 Oct 11–Nov 8 | Fri | 5:00–5:40 pm | \$85 Nov 15–Dec 20\* | Fri | 5:00–5:40 pm | \$85 \*no class Nov 29

#### Ages: 4 - 5

Sept 13–Oct 4 | Fri | 5:50–6:30 pm | \$75 Oct 11–Nov 8 | Fri | 5:50–6:30 pm | \$85 Nov 15–Dec 20\* | Fri | 5:50–6:30 pm |\$85 \*no class Nov 29

Nov 12–Dec 17\* | Tue | 5:50–6:30 pm | \$85 \*no class Nov 26

#### **Baseball Camp**

Instructor: Skyhawks Sports

**Location:** Fuller Park

Min/Max: 6/18

Learn the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and sportsmanship.

Ages: 6 - 9

Sept 9-Oct 7 | Mon | 5:00-5:50 pm | \$85

Ages: 10 – 13

Sept 9-Oct 7 | Mon | 6:00-6:50 pm | \$85

#### **HoopsterTots**

**Instructor:** Skyhawks Sports **Location:** Meridian Homecourt

Min/Max: 8/16

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately-sized basketballs are used to provide just the right challenge. \*Parent participation required for ages 2-3.5 years.

Ages: 2 - 3\*

Sept 10–Oct 1 | Tue | 4:15–4:50 pm | \$75 Sept 14–Oct 5 | Sat | 10:45–11:20 am | \$75 Oct 8–Nov 5 | Tue | 4:15–4:50 pm | \$85 Oct 12–Nov 9\* | Sat | 10:45–11:20 am | \$75 \*no class Nov 2

Nov 12–Dec 17\* | Tue | 4:15–4:50–pm | \$85

\*no class Nov 26

Nov 16–Dec 7 | Sat | 10:45–11:20 am | \$85

Ages: 3 - 4\*

Sept 10–Oct 1 | Tue | 5:00–5:40 pm | \$75 Oct 8–Nov 5 | Tue | 5:00–5:40 pm | \$85 Nov 12–Dec 17\* | Tue | 5:00–5:40 pm | \$85 \*no class Nov 26

Ages: 4 - 5

Sept 10–Oct 1 | Tue | 5:50–6:30 pm | \$75 Oct 8–Nov 5 | Tue | 5:50–6:30 pm | \$85

#### 1<sup>st</sup> DownTots

**Instructor:** Skyhawks Sports

Location: Meridian Homecourt Bay 6

Min/Max: 6/18

1stDownTots is a development program that uses a variety of fun games to engage kids while teaching the sport of football and fundamental skills. The goal is to build fitness, muscle coordination, football fundamentals and create a love of the game. We do not do any tackling or blocking at this level.

Ages: 3 – 4

Sept 5—Sept 26 | Thur | 4:15–4:55 pm | \$75 Oct 3—Oct 24 | Thur | 4:15–4:55 pm | \$75 Nov 7—Dec 12\* | Thur | 4:15–4:55 pm | \$85 \*no class Nov 28

Ages: 4 – 5

Sept 5—Sept 26 | Thur | 5:05–5:45 pm | \$75 Oct 3—Oct 24 | Thur | 5:05–5:45 pm | \$75 Nov 7—Dec 12\* | Thur | 5:05–5:45 pm | \$85 \*no class Nov 28

#### **Basketball Camps**

Instructor: Skyhawks Location: Heroes Park

Min/Max: 6/18

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages. Program is for introduction-intermediate level participants.

#### Ages 6 - 9

Sept 5–26 | Thur | 5:00–5:50 pm | \$79 Oct 3–24 | Thur | 4:50–5:40 pm | \$79

Ages 10 - 13

Sept 5–26 | Thur | 6:00–6:50 pm | \$79 Oct 3–24 | Thur | 5:50–6:40 pm | \$79

#### **Skyhawks Soccer**

**Instructor**: Skyhawks

Location: Gordon Harris Park (GH) or

Tully Park (TP) Min/Max: 6/18

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will also have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. Program is for introduction-intermediate level participants.

#### Ages 6 - 9

Sept 3-Oct 1 (GH) | Tue | 5:00-5:50 pm | \$85 Sept 5-26 (TP) | Thur | 5:00-5:50 pm | \$85 Oct 8-29 (GH) | Tue | 4:50-5:40 pm | \$79 Oct 3-24 (TP) | Thur | 4:50-5:40 pm | \$85

#### Ages 10 - 13

Sept 3-Oct 1 (GH) | Tue | 6:00-6:50 pm | \$85 Sept 5-26 (TP) | Thur | 6:00-6:50 pm | \$85 Oct 8-29 (GH) | Tue | 5:50-6:40 pm | \$79 Oct 3-24 (TP) | Thur | 5:50-6:40 pm | \$85



#### **SoccerTots**

**Instructor:** Skyhawks Sports **Location:** Meridian Homecourt

Min/Max: 8/16

These soccer—themed motor skills classes are easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept low to maximize development and

\*Parent participant required for ages 2-3.5.

#### Ages: 2-3

promote fun!

Sept 12–Oct 3 | Thur | 4:00–4:35 pm | \$75 Sept 14–Oct 5 | Sat | 10:00—10:35 am| \$75 Oct 10–Nov 7\* | Thur | 4:00–4:35 pm | \$75 \*no class Oct 31

Oct 12—Nov 9\* | Sat | 10:00—10:35 am | \$75 \*no class Nov 2

Nov 14-Dec 19\* | Thur | 4:00-4:35 pm | \$85 \*no class Nov 28

Nov 16—Dec 7 | Sat | 10:00—10:35 am | \$75

#### Ages: 3-4

Sept 12–Oct 3 | Thur | 4:45–5:25 pm | \$75 Oct 10–Nov 7\* | Thur | 4:45–5:25 pm | \$75 \*no class Oct 31

Nov 14–Dec 19\* | Thur | 4:45–5:25 pm | \$85 \*no class Nov 28

#### Ages: 4-5

Sept 12–Oct 3 | Thur | 5:35–6:15 pm | \$75 Oct 10–Nov 7\* | Thur | 5:35–6:15 pm | \$75 \*no class Oct 31

Nov 14-Dec 19\* | Thur | 5:35-6:15 pm | \$85

6 \*no class Nov 28

#### **Skyhawks Volleyball**

Instructor: Skyhawks

Location: Gordon Harris Park (GH) or

Tully Park (TP) Min/Max: 8/20

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork. Program is for introduction-intermediate level participants.

#### Ages 6 - 9

Sept 3–Oct 1 (TP) | Tue | 5:00–5:50 pm | \$85 Sept 4–Oct 2 (GH) | Wed | 5:00–5:50 pm | \$85 Oct 9–30 (GH) | Wed | 4:50–5:40 pm | \$79

#### Ages 10 - 13

Sept 3–Oct 1 (TP) | Tue | 6:00–6:50 pm | \$85 Sept 4–Oct 2 (GH) | Wed | 6:00–6:50 pm | \$85 Oct 9–30 (GH) | Wed | 5:50–6:40 pm | \$79

#### **Skyhawks Volleyball Camp**

Ages: 6-13

**Instructor**: Skyhawks Sports **Location**: Meridian Homecourt

Min/Max: 8/18

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork. Participants should bring a water bottle, two snacks, and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt. Volleyballs available for purchase for \$10.

Nov 25–27 | Mon–Wed | 9:00 am–12:00 pm |

\$129



Ages: 4-6

**Instructor**: Skyhawks

Location: Meridian Homecourt

Min/Max: 8/18

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. Participants should bring a water bottle, two snacks, and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt. Minihawk will include basketball if courts are available, otherwise it will be field sports of Flag Football, Soccer, & Baseball. Sports balls are available for purchase for \$10. Indoor program; please don't wear cleats. Skyhawks will provide the required equipment. You may bring a mitt but is not required!

Dec 16-19 | Mon-Thur | 9:00 am-12:00 pm | \$159















Visit meridiancity.org/trunkortreat or call (208) 888-3579 for details.



#### **Bigfoot's Cartooning, Anime, and Comics**

**Ages:** 6–16

**Instructor:** Tony Moramarco

**Location:** Meridian Community Center

Bigfoot teaches fun art projects for kids, tweens, and teens who love cartoons, comics, and anime.

Sept 28 | Sat | 10:00–11:30 am | \$18 Oct 26 | Sat | 10:00–11:30 am | \$18 Nov 30 | Sat | 10:00–11:30 am | \$18



#### **UnderCurrent: Friday Night In for Kids**

**Ages:** 5 – 11

**Instructor:** Little Pallets

**Location:** Meridian Community Center

Min/Max: 5/20

A night out for parents, a night in for kids!
Undercurrent is a fun, interactive night for kids
filled with art, science, games, and a community
of friends. All supplies are included. Students
are welcome to bring snacks.

#### Splash & Splatter

Sept 20 | Fri | 6:00-8:00 pm | \$30

#### Pop Artists

Oct 18 | Fri | 6:00-8:00 pm | \$30

#### **Squishmallows**

Nov 15 | Fri | 6:00-8:00 pm | \$30

#### Camping Trip

Dec 20 | Fri | 6:00-8:00 pm | \$30

# **Creativity for the Early Learner** (A Parent-Child Class)

**Ages:** 2 – 5 (Child must be accompanied by an

adult)

**Instructor:** Ms. Crystal

Location: Meridian Pool Classroom

Min/Max: 3/10

In this parent/child preschool class, students will learn about the world around them through hands on science and art activities. Child must

be accompanied by an adult.

#### **Dinosaurs**

Sept 3 – Sept 24 | Tue | 10:00–10:30 am | \$30

#### **Amazing Earth**

Oct 1 – Oct 22 | Tue | 10:00–10:30 am | \$30

#### African Safari

Oct 29 - Nov 19 | Tue | 10:00-10:30 am | \$30

#### **Ocean World**

Dec 3 - Dec 17 | Tue | 10:00-10:30 am | \$30

#### **Young Illustrators: Drawing Basic**

**Ages:** 8 – 14

**Instructor:** Little Pallets

**Location:** Meridian Pool Classroom

Min/Max: 5/15

In this young illustrator class, students will learn the basics of illustrating a storyline using size, distance and motion. Students will be learning basic drawing techniques and how to add color to their illustrations. All materials are included.

Sept 4–25 | Wed | 4:30–5:30 pm | \$50 Oct 2–23 | Wed | 4:30–5:30 pm | \$50 Oct 30–Nov 20 | Wed | 4:30–5:30 pm | \$50 Dec 4–18 | Wed | 4:30–5:30 pm | \$37.50

#### **Intro to Art for Kids! Paint & Pottery**

**Ages:** 5 - 12

**Instructor:** Ms. Crystal

**Location:** Meridian Pool Classroom

Min/Max: 3/15

In this fun and interactive class, students will experience a variety of art materials, learn art techniques, all while creating unique art pieces they can take home. Students will learn about artists and the movements they shaped. All materials included. We will be using air dry clay for our pottery piece; they are for display only.

#### **Ocean Creatures**

Sept 3-24 | Tue | 4:30-5:30 pm | \$60

#### Jungle Safari

Oct 1-22 | Tue | 4:30-5:30 pm | \$60

#### **Desert Animals**

Oct 29-Nov 19 | Tue | 4:30-5:30 pm | \$60

#### **Exploring the Forest**

Dec 3-Dec 17 | Tue | 4:30-5:30 pm | \$45



#### Watercolor

**Ages:** 10 +

**Instructor:** Ms. Crystal

Location: Meridian Pool Classroom

Min/Max: 3/15

In this watercolor class, students will learn watercolor techniques, color mixing and gradation. Bring a friend discount 20%. All

materials are included.

#### **Desert Sunset**

Sept 4-25 | Wed | 6:00-7:00 pm | \$65

#### **Autumn Drive**

Oct 2-23 | Wed | 6:00-7:00 pm | \$65

#### **Snowy Sunset on the River**

Oct 30- Nov 20 | Wed | 6:00-7:00 pm |\$65

#### **River & Mist**

Dec 4-18 | Wed | 6:00-7:15 pm | \$65

#### **Saturday Art Workshop**

Ages: 8+

**Instructor:** Ms. Crystal

Location: Meridian Pool Classroom

Min/Max: 3/15

In these creative workshops, participants will explore a variety of techniques and tools to create their own unique piece of art. Students 12 and under must be accompanied by an

adult.

#### **Clay House**

Sept 21 | Sat | 10:00-12:00 pm | \$50

#### **Acrylic Flower on Canvas**

Oct 19 | Sat | 10:00-12:00 pm | \$50

#### **Highland Cow Woodburning**

Nov 16 | Sat | 10:00-12:00 pm | \$50

#### **Henna-Style Painting**

Dec 21 | Sat | 10:00–12:00 pm | \$50

#### **Do-It-Together Art Workshop**

Ages: All Ages

**Instructor:** Ms. Crystal

Location: Meridian Pool Classroom

Min/Max: 5/15

In this Do – It – Together class, students with their adult counterpart(s) will have fun creating take home projects. Each month we will be focusing on a different form of art, learning basic techniques, how to use materials and how to clean up our learning space. All materials included. \*Children 12 and under must be accompanied by an adult. Clay pieces are air dry clay and are intended for display use only.

#### Pop Artist Watercolor Soup Can

Sept 7 | Sat | 10:00 am-12:00 pm | \$30

#### **Easy Print Making**

Oct 5 | Sat | 10:00 am-12:00 pm | \$30

#### Van Gogh Mixed Media Sunflower

Nov 2 | Sat | 10:00 am-12:00 pm | \$30

#### **Clay Succulents**

Dec 7 | Sat | 10:00 am-12:00 pm | \$30

#### Kiln – Fired Pottery

Ages: 8+

**Instructor:** Little Pallets

Location: Meridian Pool Classroom

**Min/Max:** 5/15

In this pottery class, students will learn a variety of pottery techniques and try out pottery tools. We will be using kiln fired clay which will make it safe for outside display and food safe. Cost includes all materials including kiln firings and glazing.

Children 12 and under must be accompanied by an adult.

Sheep

Sept 7 & Sept 28 | Sat | 1:00-4:00 pm |

\$80

**Speckled Mug** 

Oct 5 & Oct 26 | Sat | 1:00-4:00 pm |

\$80

**Easy Macramé Infused Pot** 

Nov 2 & Nov 23 | Sat | 1:00-4:00 pm |

\$80



#### **Culinary for Kids!**

**Ages**: 7 – 11

**Instructor:** Little Pallets

Location: Meridian Pool Classroom

Min/Max: 5/15

In this culinary class for kids, students will work in a small group setting following along with the instructor, as they create a culinary dish which they will sample at the end of class. Students will learn how to safely prepare food by using a variety of tools and techniques. Recipes will include dairy, grain, eggs, meat, and spices. All supplies and ingredients included.

\*A 20% sibling discount is available for families of 2 or more students

#### **Afternoon Snacks**

Sep 9 – Sep 30 | Mon | 5:00—6:00 pm | \$80

#### South of the Border

Oct 7 – Oct 28 | Mon | 5:00—6:00 pm | \$80

#### International Foods

Nov 4 – Nov 25 | Mon | 5:00—6:00 pm | \$80

#### **Ancient Cultures**

Dec 2 - Dec 16 | Mon | 5:00—6:00 pm | \$60

#### **Culinary for Teens**

**Ages:** 13 – 17

Instructor: Ms. Mandee

Location: Meridian Pool Classroom

Min/Max: 5/8

In this culinary class for teens, students will learn the basic cooking techniques including how to use kitchen tools, how to use a recipe, and how to keep their area clean, all taught in a small group and individual format. Students will be able to enjoy a sample of their culinary creation during class. Recipes will include dairy, grain, nuts, eggs, meat and spices. All supplies and ingredients included. \*A 20% sibling discount is available for families of 2 more students

#### **Afterschool Snacks**

Sept 5–26 | Thur | 4:30–5:30 pm | \$100

#### South of the Border

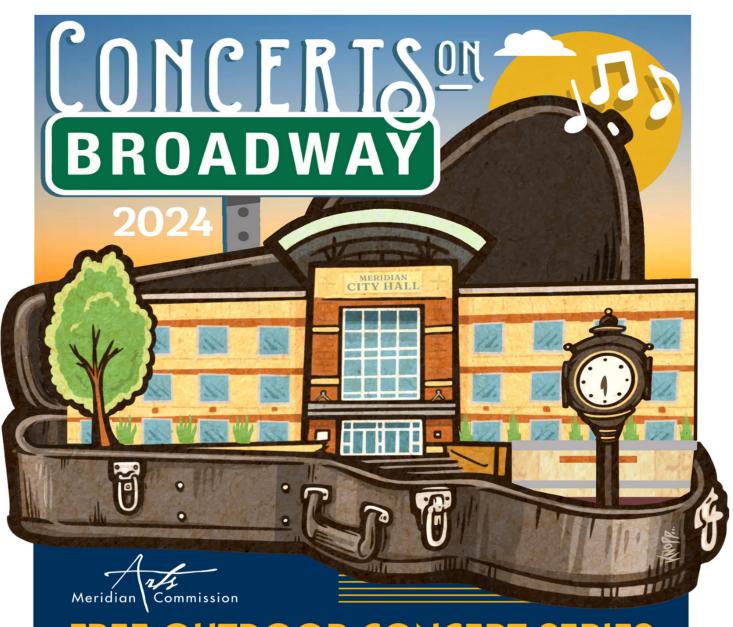
Oct 3–24 | Thur | 4:30–5:30 pm | \$100

#### **International Foods**

Nov 7–21 | Thur | 4:30–5:30 pm | \$75

#### **Ancient Cultures**

Dec 5-19 | Thur | 4:30-5:30 pm | \$75



## FREE OUTDOOR CONCERT SERIES

SATURDAY EVENINGS 7:00PM - MERIDIAN CITY HALL PLAZA

**AUG 24** 

SEPT 7

SEPT 21

**AFROSONICS** 

STEVE FULTON'S
ULTRAMUSE

SUMMER GROOVE
PARTY BAND

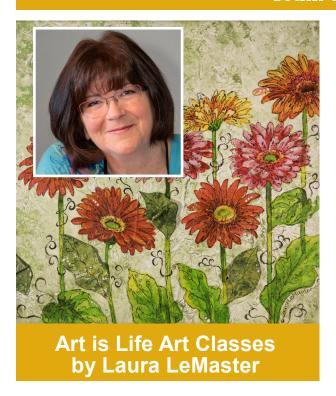








MeridianCity.org/ConcertsOnBroadway



#### **Mixed Media Creations**

**Ages:** 7 - 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

Mixed Media is an exciting method of artmaking which uses multiple mediums *together* to create unique pieces of art. On these two Saturdays, your young artists will have fun creating projects using various materials: canvas, foam core, paper, ink, paint, colored pencil.

\*Note to Parents: We get messy! Please have your young artist dress accordingly.

Sept 14 & 21 | Sat | 10:00 am-12:00 pm | \$50

#### Let's Make Stickers!

**Ages:** 7 – 10

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

Today we'll create our own stickers by drawing/ coloring our own designs, which we'll then turn into stickers! Bring your friends...this is going to

be FUN!

Oct 19 | Sat | 10:00 am-12:00 pm | \$35

#### No School Art Camp: Paint Day!

**Ages:** 7–12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

Today's art projects are PAINT, PAINT, PAINT!

We'll use various painting materials to

explore as many techniques, creating beautiful frame worthy pieces of art! (Please bring a drink

and snack)

Sept 18 | Wed | 10:00 am-12:00 pm | \$40

#### **No School Day Art Camp**

**Ages:** 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Cente

Min/Max: 3/10

During this two-day camp, young artists will create beautiful matted paintings, ATCs (Artist's Trading Cards), and a matted floral triptych that helps us see the same thing in different ways...done in pencil, colored pencil, and markers. (Bring a snack and drink).

Oct 10-11 | Thur- Fri | 10:00 am-12:00 pm | \$90

#### No School Art Camp: Mixed Media

**Ages:** 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

On this day we'll create a unique piece where we tell our own story with paper and wood. We'll also

draw/color/matt our own colorful abstract

drawing. Fun and very different projects. (bring a

snack and drink).

Nov 6 | Wed | 10:00 am- 12:00 pm | \$40



#### **Twisted Paper Art Class**

**Ages:** 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

This is really fun: we'll twist special papers (that we paint), then fashion them into flowers and leaves and finish by attaching them all to foam

core. Fun to make, pretty to hang!

Oct 26 | Sat | 10:00 am-12:00 pm | \$35

#### **Unique 3D Garden**

**Ages:** 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

Today we'll have fun painting, cutting, designing, & gluing a very unique dimensional wall hanging!

Nov 16 | Sat | 10:00 am-12:00 pm | \$35

#### **Christmas Garland!**

**Ages**: 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Homecourt Bay 6

Min/Max: 3/10

Students will have fun designing/painting/coloring

their very own colorful banner that is

perfect for the Christmas season. Make room on

a wall for this garland!

Nov 23 | Sat | 10:00 am-12:00 pm | \$35

#### **Turkey Week Art Camp**

**Ages**: 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

This week we'll have fun creating unique bookmarks, designing/making our own stickers, creating a beautiful painting, making mini treat boxes, and making/trading more art trading cards and more. A fun and creative way to spend Thanksgiving break! (No class on Thursday!) Please bring a snack & drink each day.

Nov 25–29\* | Mon/Tue/Wed/Fri | 10:00 am–12:00 pm | \$150

\*no class Nov 28

#### **Christmas Zentangle!**

**Ages:** 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Homecourt Bay 6

Min/Max: 3/10

Young artists will create & draw a very colorful Christmas drawing/design that we'll matt for added effect. Beautiful for your wall at home, or to give as a gift. Great for all skill levels!

Nov 30 | Sat | 10:00 am-12:00 pm | \$30

#### "The Town Tree"

**Ages:** 7 - 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

Today we'll create a stand-up Christmas display fashioned from an old book, paint, papers, markers, ink, & ribbon. So pretty on the coffee table or a shelf; it's sure to be an annual favorite.

Dec 14 | Sat | 10:00 am-12:00 pm | \$35

#### Lego Spike

**Ages**: 8—14

Instructor: Jacquelyn Stafford

Location: Meridian Community Center

Min/Max: 12/20

LEGO + Scratch = Spike! Come check out this NEW and FUN way to combine your love of Legos with easy coding. Spike has colorful Lego building elements, easy to use hardware, and an intuitive drag and drop coding language based on Scratch. Spike Prime will engage kiddos through playful learning activities to think critically and solve complex problems, regardless of their learning level. Children will be working in pairs to learn teamwork and collaboration in this fun and exciting class.

Sep 5—26 | Thur | 6:30—8:00 pm | \$99 Oct 3—24 | Thur | 6:30—8:00 pm | \$99 Nov 7—Dec 5\* | Thur | 6:30—8:00 pm | \$99

\*no class Nov 28

#### **Christmas Break Art Camp**

**Ages:** 7 - 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Community Center

Min/Max: 3/10

invite your friends & come have oodles of fun as we draw, paint, color, craft, create, glue, and more! (Bring a snack and drink and please bring a goody to share at our Christmas Party on the 24th!)

Dec 23, 24, 27 | Mon/ Tue/ Fri | 10:00 am-12:00

pm | \$200

Dec 30, 31, Jan 2 and 3 | Mon/Tue/Thur/Fri |

meridianmainstreetmarket.com

10:00 am-12:00 pm | \$200

#### **Parents Night Out: Santa's Helper Night**

**Ages:** 7 – 12

**Instructor:** Laura LeMaster of "Art is Life" **Location:** Meridian Homecourt Bay 6

Min/Max: 3/10

Parents, this is your chance to finish your Christmas shopping and have a date night while your kids are having a great time! Drop them off and we'll create a stand-up Christmas display fashioned from an old book, paint, papers, markers, ink, & ribbon. Wear your comfy clothes and bring your favorite stuffy as we watch a festive Christmas movie.

Dec 14 | Sat | 6:00-8:30 pm | \$40

# meridian main street market SATURDAY MORNINGS **MERIDIAN CITY HALL PLAZA NOW - OCTOBER 12** Local Vendors Live Entertainment Community Information Food & Beverage

#### Meridian Art Week - September 8-14

# Meridian Art Week

Celebrate the 8th annual Meridian Art Week with us from September 8-14, 2024.

The week will feature a variety of activities that focus on the integral role art plays in creating vibrancy throughout our city.

Start the week right at the Community Art Party which will feature hands-on art activities, a chalk art competition, performances by Dance Arts Academy, Boise Philharmonic Youth, 1 World Dance, and Ballet Idaho, special exhibits, food trucks and more.

Activity descriptions and the schedule of events can be found at meridiancity.org/artweek.



#### Meridian Art Week - September 8-14

# **Meridian Art Drop**







The popular **Meridian Art Drop** returns to downtown Meridian throughout Meridian Art Week — September 8-14. Artists and nonartists alike of any age or artistic ability are encouraged to participate in this art exchange by "dropping" (hiding) small gifts of handmade art in downtown Meridian for others for find and keep.

If you plan to drop some art, there's a small form we'd like you to label each item you drop with that you can print from here or download from **meridiancity.org/artweek**.

If you go seeking art and are lucky enough to find more than one piece of art, we ask that you only keep one item so that others have the chance to find art, as well.

If you'd like, you can post your drops or finds on your social media using the hashtags #meridianartdrop and #meridianartweek.

Please be courteous and use common sense when hiding or seeking art, being careful not to trample greenery, trespass on private property, etc.

Learn more about this and other Meridian Art Week activities online at meridiancity.org/ artweek.

<b>MERII</b>	DIAN	
Art	Dro	P

YOU JUST FOUND MY ARTWORK. IT IS YOURS TO KEEP! MY NAME IS:

POST A PICTURE ONLINE AND TAG ME SO I KNOW MY ART WAS FOUND. USE THE HASHTAGS #MERIDIANARTDROP AND #MERIDIANARTWEEK AND PLEASE TAG @MERIDIANARTS

INSTAGRAM:		
FACEBOOK:		

OTHER CONTACT INFO OR NOTES:

#### **IMPORTANT NOTES:**

- ONLY FIND/KEEP ONE PIECE OF ART PER PERSON.
- WE'D LOVE TO HAVE ART OUT ON THE TOWN ALL WEEK LONG. PLEASE SHARE YOUR ART ON MULTIPLE DAYS IF YOU ARE CREATING AND SHARING MULTIPLE PIECES OF ART.
- . POST HINTS TO WHERE YOUR ART IS HIDDEN USING OUR HASHTAGS.
- MORE INFO AT WWW.MERIDIANCITY.ORG/ARTWEEK





Meridian Art Week September 8-14, 2024

# Art Week Classes & Workshops

#### **Art Week Paint Party**

**Instructor:** The Angry Easel

Location: The Angry Easel (301 E. 3rd St.)

Capacity: 30 people max

All ages are welcome for these one-hour paint

sessions. You will take home your own

painting at the end of the class. September 10, 6:00 – 7:00pm September 12, 6:00 – 7:00 pm

Register online for \$5 at:

https://www.theangryeasel.com/



#### **Watercolor Painting**

**Ages:** 5+

**Instructor:** Ms. Crystal with Little Pallets **Location:** Meridian Pool Classroom

Min/Max: 2/15

In this fun, hands on watercolor class students will create their own watercolor painting while learning techniques, color mixing, gradation and how to use the color wheel.

Sept 13 | Fri | 6:00-7:00 pm | \$10

# Watercolor Painting with Grandparents

Ages: All Ages

Instructor: Idaho Watercolor Society Location: Meridian Community Center

Min/Max: 10/30

Grandchildren and grandparents will enjoy creating paintings side by side with instruction from members of the Idaho Watercolor

Society. All materials provided.

\*price is per person

Sept 9 | Mon | 4:30-5:30 | \$10

#### **Line Dance**

Ages: 5+

**Instructor:** Randy Lattimer **Location:** Meridian Homecourt

Min/Max: 5/30

Line dances are patterns of steps repeated throughout a song. Patterns in the beginner class are simple and easy to memorize. Bring the kids or grandkids! *Note: Kids 12* 

and under are free.

Sept 11 | Wed | 2:00-3:00 pm | \$5 Sept 12 | Thur | 2:00-3:00 pm | \$5 Sept 14 | Sat | 2:00-3:00 pm | \$5

#### **Belly Dance**

Age: 18+

**Instructor:** Jenifer Cavaness – Williams **Location:** Meridian Homecourt Bay 6

Min/Max: 2/20

If music is your motivation to move, come learn about the dance style where the dancer is another instrument in the orchestra which interprets and conveys the music in a visual form. Dance movements strengthen core muscles and are gentle on your joints.

Sept 14 | Sat |11:00 am-12:00 pm | \$5

#### **Drum Circle**

Ages: All Ages

**Instructor:** Jenifer Cavaness – Williams **Location:** Meridian Homecourt Bay 6

Min/Max: 2/20

Caution! Drumming is a gateway instrument

and may lead to more musical

experimentation. Students will learn different drumming techniques and will learn several

rhythms from North African countries.

Research shows that participating in a drum circle lowers stress hormones. It's a musical meditation! (Instruments provided or bring

something to drum on.)

Sept 14 | Sat | 12:00-1:00 pm | \$5

#### Meridian Art Week - September 8-14

# Meridian Art Week Chalk Art Competition



To register to compete, please go online to: meridiancity.org/chalk-art

Important!
All competitors must
pre-register by the September
12 entry deadline;
no walk-ups will be permitted.

The Meridian Arts Commission (MAC) seeks entrants to compete in its annual Chalk Art Competition at the Community Art Party on Saturday, September 14. Entrants will be challenged to complete a chalk art drawing in a space roughly 3 feet by 3 feet on the sidewalk in Kleiner Park during the event.

The theme for this year's competition is *Arts in Education*. Artists may interpret this in many ways, but they should be able to explain how their completed work embodies the theme.

All participants must be pre-registered. Walk-ups not allowed.

competition time: All artists should arrive at 10:00 am to check in. Artists may begin drawing at 10:30 (but not before 10:30 or they will be disqualified). All entries must be completed by1:30. Jurors from the Arts Commission will assess the completed work at 1:30 and awards will be announced at 2:00 pm on the bandshell mainstage.

**MATERIALS:** Artists are welcome and encouraged to bring their own supplies. MAC will also provide chalk that the entrants may use, but please note that the chalk supplied is reused each year and supplies are limited.

**ELIGIBILITY:** This call is open to applicants regardless of race, gender, gender identity, sexual orientation, religion, nationality, or disability. All youth artists must be registered by their parent or guardian. There are three categories in the competition:

- ☐ Adult Artist
- ☐ Youth Artist (under 18)
- ☐ Team / Family

\*Please note that the only category in which multiple artists can work together is the "Team/Family" category. Artists in the "Adult" and "Youth" categories may not receive help from others or they will be disqualified.

**DEADLINE:** Registration will be taken until Thursday, September 12, 2024 at 5 pm or until filled. Register now to guarantee a space.

**AWARDS:** Awards will be given in the following categories: Best of Adult Artist; Best of Youth Artist; Best of Team /Family

For additional information, please email: <a href="mailto:mac@meridiancity.org">mac@meridiancity.org</a> or call (208) 888-3579.

#### Meridian Art Week - September 8-14

# A Pair of Free Workshops for Writers



"Coach v. Editor: You Decide" and "Mindset Matters"

**Instructor:** Dana Long

Location: unBound Library, 722 E. 2<sup>nd</sup> Street, Meridian

Max Capacity: 20

During this two-day session, we will discuss how to take your manuscript to the next level with a writing coach versus a developmental editor, and how to keep your head in the game!

Tuesday, September 10 and Thursday, September 12

6:00 - 7:00pm

Cost: FREE

Register online at https://www.mld.org/events/upcoming

**INITIAL POINT GALLERY 2024** 

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# CROSS

**EXHIBITION ON DISPLAY:**AUGUST 6 - SEPETEMBER 27

#### **ARTIST TALK:**

TUESDAY, SEPTEMBER 10 12PM-1PM INITIAL POINT GALLERY

MERIDIAN CITY HALL, THIRD FLOOR 33 EAST BROADWAY AVE. MERIDIAN, IDAHO 83642











#### **Introduction to Nordic Walking**

**Ages:** 18+

Instructor: Pamela Bryson DeMetro

Location: Meet Near Kleiner Park Shelter A-1

Min/Max: 4/8

This single foundational lesson is a requirement for participation in both Basic Nordics Waking and Fitness Nordic Walking workout classes. Nordic walking poles are available for use during class time. You'll learn your personal correct pole height and experience the foundational technique of Nordic Walking and how it is different than trekking or "just walking with poles." After this class you'll have the foundation to build upon, either on your own or in a class setting.

Sept 3 | Tue | 10:30–11:00 am | \$25 Sept 5 | Thur | 10:30–11:00 am | \$25 Sept 10 | Tue | 10:30–11:00 am | \$25 Sept 12 | Thur | 10:30–11:00 am | \$25 Sept 17 | Tue | 10:30–11:00 am | \$25 Sept 19 | Thur | 10:30–11:00 am | \$25 Sept 24 | Tue | 10:30–11:00 am | \$25 Sept 26 | Thur | 10:30–11:00 am | \$25 Oct 1 | Tue | 10:30–11:00 am | \$25 Oct 3 | Thur | 10:30–11:00 am | \$25 Oct 8 | Tue | 10:30–11:00 am | \$25 Oct 10 | Thur | 10:30–11:00 am | \$25

#### **Learn Basic Nordic Walking**

Ages: 18+

Instructor: Pamela Bryson DeMetro

Location: Meet Near Kleiner Park Shelter A-1

Min/Max: 4/8

This workout increases your endurance, strengthens your core, arms, chest, back, buttocks, and legs, improves your posture and flexibility, and takes stress off your ankle, knee, and hip joints. Led by Certified Nordic Body Trainer Pamela Bryson DeMetro, each workout class is one hour long. We begin with gentle warmups and learn some Basic Nordic Walking techniques. Each class has a unique technique to apply and practice as we walk. Everyone will walk at their own pace, but we still stay together as a group. Pamela gives each participant some individual attention to improve their techniques. We end the session with some static stretches. Single class \$35. Series of six classes; \$175.

Sept 3–19 | Tue./Thur | 11:00–12:00 pm | See pricing above.

#### **Learn Fitness Nordic Walking**

**Ages:** 18+

Instructor: Pamela Bryson DeMetro

Location: Meet Near Kleiner Park Shelter A-1

Min/Max: 4/8

Take your fitness to a new level and burn up to 46% more calories than regular walking without increased exertion. You'll get an incredible upper body workout, increase your endurance, strengthen your core, arms, chest, back, buttocks, and legs. It's a higher intensity workout with low impact on your joints. Led by Certified Nordic Body Trainer Pamela Bryson DeMetro, each workout class is one hour long. We warm up as we learn a new Fitness Nordic Walking technique. Each class has a unique technique to apply and practice in our Nordic walking class session. Everyone will walk at their own pace, but we still stay together as a group. Pamela gives each participant some individual attention to improve their techniques. As we return to the meeting place, we end the session with some static stretches. Single class \$35. Series of six classes; \$175.

Sept 24–Oct 10 | Tue/Thur | 11:00–12:00 pm | See pricing above.



#### Martial Arts for All Ages - Beginning

Ages: 8+

**Instructor:** Mater Bruce Rosenberger **Location:** Meridian Homecourt Bay 6

Min/Max: 5/30

Idaho Family Martial Arts/Tang Soo Do Beginning Class teaches a traditional Korean martial art that emphasizes a balance of hand and foot

techniques. Instruction includes basic techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing.

Email Bruce at

idahofamilymartialarts@gmail.com if you have any questions.

Fee is \$45 per month for the first student, \$40 per month for a second member of the same family, \$35 for the third member, \$30 for the fourth member, and \$25 for each additional member after that. Fee includes two classes per week. \*Additional fees (testing, uniform, etc.) after the first month paid to instructor.

Sept 3–26 | Tue/Thur | 6:00– 7:00 pm | \$45 Oct 1–31 | Tue/Thur | 6:00– 7:00 pm | \$45 Nov 5–26 | Tue/Thur | 6:00– 7:00 pm | \$45 Dec 3–31 | Tue/ Thur | 6:00– 7:00 pm | \$45

#### Martial Arts for All Ages - Advanced

**Ages: 8+** 

**Instructor:** Master Bruce Rosenberger **Location:** Meridian Homecourt Bay 6

Min/Max: 5/30

Idaho Family Martial Arts/Tang Soo Do Advanced Class builds on the beginning class to extend the student's knowledge of our traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes advanced techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing.

**Email Bruce at** 

idahofamilymartialarts@gmail.com if you have any questions.

Fee is \$45 per month for the first student, \$40 per month for a second member of the same family, \$35 for the third member, \$30 for the fourth member, and \$25 for each additional member after that. Fee includes two classes per week.

- \* Additional fees (testing, uniform, etc.) after the first month paid to instructor.
- \*Advanced classes by Family Tang Soo Do are for continuing students ranking 3rd gup, or higher.

**Prerequisite:** students must have taken beginning classes and/or receive permission from instructors.

#### Note! Thursday classes go until 8:00 pm

Sept 3–26 | Tue/Thur | 6:00–7:00 pm | \$45 Oct 1–31 | Tue/Thur | 6:00–7:00 pm | \$45 Nov 5–26 | Tue/Thur | 6:00–7:00 pm | \$45 Dec 3–31 | Tue/Thur | 6:00–7:00 pm | \$45

#### **RAIN-OUT LINE**

Wondering if your adult sports league game will be cancelled due to inclement weather?

Call 208-489-0560

# **Kendo – Introduction to Japanese Fencing**

Ages: 10 & older

**Instructor:** Robert Stroud **Location:** Meridian Homecourt

Min/Max: 4/35

Kendo is an exciting sport based on martial arts traditions requiring both mental and physical discipline. The beginning class focuses on basic footwork and sword handling, as well as manners and proper etiquette in preparation for the advanced class. Students should wear loose fitting workout clothing. Each student will receive a shinai (bamboo practice sword).

Sept 16-Oct 24 | Mon/Thur | 6:30-7:30 pm | \$75

Advanced Kendo Class: Students must have completed beginning kendo class, or have instructor's permission.

Sept 9-Oct 31 | Sun/ Mon/ Wed/ Thur | 6:30-

8:30 pm | \$70

Nov 3-Dec 19\* | Sun/ Mon/Wed/Thur | 6:30-8:30

pm | \$70

\*no class Nov 28

Note -- Sunday classes are from 8:30–10:30 am at the Meridian Homecourt

#### **Digital Photography 101**

**Ages**: 16+

**Instructor:** David Wuerth

**Location:** Meridian Community Center

**Min/Max:** 3/8

Digital Photography 101 is intended for owners of DSLR and advanced point and shoot cameras. This class will cover shutter speed settings, lens-opening settings, ISO, shooting modes and basic camera operations with the goal of helping camera owners gain a better understanding of how to use their photography gear. Other material covered includes software, camera accessories, composition and shooting situations. Students under 16 need to be accompanied by a paid adult.

Oct 8-29 | Tue | 6:30-8:00 pm | \$75



#### **Advanced Photography**

Ages: Ages: 16+

**Instructor:** David Wuerth

Location: Meridian Community Center

**Min/Max:** 3/5

This advanced class is intended for people who know how to operate their single lens reflex cameras and mirrorless cameras. You must be able to change ISO, lens, openings and shutter speeds. This class will cover how the instructor created some of his own images: long shutter speeds and available light situations, working with a tripod and using different lenses and what effect they have on your images. I'll discus shooting various sports and stage photography and Photoshop. And, I will address specific shooting situations that students might face.

Nov 5-27 | Tue | 6:30-8:00 pm | \$75



#### Yoga - All Levels

Ages: Teen, Adult & Senior

Instructors: S. Lind, L. McElroy, C. Debourse,

**Location:** Meridian Community Center

Min/Max: 4/20

Designed for all levels of yoga experience, from beginners to more experienced practitioners. We allow time to learn the poses and modifications to adjust the poses to meet your need. This is a great way to start with yoga or continue your practice. If you're looking for a yoga class that is both challenging and accessible, then this all-levels class is a great option for you. Bring your own mat. Props such as blocks, blankets, and straps will be available if you do not have your own.

Sept 2-Oct 21 | Mon | 7:00-8:00 pm | \$50 Sept 7-Oct 26\* | Sat | 8:00-9:00 am | \$50 \*No class Oct. 5

Oct 28-Dec 16 | Mon | 7:00-8:00 pm | \$50 Nov 2-Dec 21 | Sat | 8:00-9:00 am | \$50

#### Yoga - Gentle Yoga

Ages: Teen, Adult & Senior

Instructors: S. Lind, L. McElroy, C. Debourse,

**Location:** Meridian Community Center

Min/Max: 4/20

A gentle approach to classic Hatha Yoga with emphasis on breath and safely moving through the poses. This class is designed to maintain and improve your flexibility, agility, strength and balance. You will feel great all over through gentle movements and stretching. The instructor has special training and interest in healthy aging and sustainable movement practice. Bring your own sticky yoga mat. Props such as blocks, blankets, and straps will be available if you do not have your own.

Sept 2-Oct 21 | Mon | 12:30-1:30 pm | \$50 Sept 4-Oct 23 | Wed | 12:30-1:30 pm | \$50

Oct 28-Dec 16 | Mon | 12:30-1:30 pm | \$50 Oct 30-Dec 18 | Wed | 12:30-1:30 pm | \$50

#### **Somatic Yoga & Gentle Stretch**

Ages: Teen, Adults & Seniors

Instructors: S. Lind

**Location:** Meridian Community Center

Min/Max: 4/20

Somatic Yoga uses slow, gentle exercises to relieve pain and improve your posture. A compassionate way to find release from stress and chronic tense muscles. The instructor has special training in Somatic Yoga with a focus on healthy functional movement and tension release. Please be comfortable getting up and down from the floor. Bring your own sticky mat. Blocks, blankets and straps are available for your use if you do not have your own.

Sept 4–Oct 23 | Wed | 7:00–8:00 pm | \$50 Oct 30–Dec 18 | Wed | 7:00–8:00 pm | \$50



#### Yoga - Unlimited Yoga

Ages: Teen, Adult & Senior

Instructors: S. Lind, L. McElroy, C. Debourse,

**Location:** Meridian Community Center

Min/Max: 4/20

This option is for participants who would like to practice yoga more than once a week. For one low rate, you may attend any or all of the classes listed above during the dates of your desired session. Bring your own sticky yoga mat. Blocks, blankets, and straps are available for your use if you do not have your own. Excludes the Yin/Restorative/Guided Meditation and other special classes.

Sept 2–Oct 27\* | Mon/Wed/Sat | See times above | \$67 \*no class Oct 5

Oct 28–Dec 21 | Mon/ Wed/ Sat | See times above | \$67

# Restorative/Yin Yoga with Special Features

Ages: Teen, Adults & Seniors

**Instructors**: Varies

**Location:** Meridian Community Center

Min/Max: 4/20

Every month let us guide you on a deep relaxation journey. In these mini retreats, you'll get to explore some combination of yin and restorative yoga to encourage a sense of calm and stress relief. These classes end with a guided meditation and might include a crystal bowl sound bath or other special features. Accessible to people of all levels – including people with no yoga experience. This workshop is not included in the Yoga Unlimited option. Please bring your sticky yoga mat, a blanket and a pillow. Props will be available if you do not have your own.

Sept 15 | Sun | 3:00–4:30 pm | \$15 Oct 20 | Sun | 3:00–4:30 pm | \$15 Nov 17 | Sun | 3:00–4:30 pm | \$15 Dec 15 | Sun | 3:00–4:30 pm | \$15

#### **Adult Self Defense**

**Ages:** 16+

Instructor: Chris Peterson

Location: The Dojo Min/Max: 5/25

This class teaches concepts and techniques involved in personal self–defense. Students will learn about strategies and methods to avoid violence, as well as techniques to deal with physical attacks. This class will promote a positive atmosphere where students can learn, ask questions, and leave with a better understanding of situational awareness.

Sept 4–25 | Wed | 7:00–8:00 pm | \$35 Oct 2–23 | Wed | 7:00–8:00 pm | \$35 Nov 6–27 | Wed | 7:00–8:00 pm | \$35

# Kleiner Park Memorial Plaza

Create a lasting legacy for someone special...



Pay tribute to someone you love or admire by purchasing an engraved granite paver in his or her honor at the Kleiner Park Memorial Plaza.

The plaza is located just west of the Meridian Senior Center near the Rock of Honor Veterans Memorial.

Standard pavers (4"x8") cost \$150

Large pavers (8"x8") cost \$250

Learn more by contacting Meridian Parks and Recreation at 208-888-3579 or at recreation@meridiancity.org.

#### **Ladies Night Out Creative Workshops**

**Ages:** 18+

**Instructor**: Laura LeMaster

**Location:** Meridian Community Center

Min/Max: 3/8

Each class will have a different theme. We will be using pencil, ink, papers, ribbon, all on canvas! Bring a friend and enjoy a ladies' night out.

Sept 13 | Fri | 6:00–8:00 pm | \$40 Oct 12 | Sat | 10:00–12:00 pm | \$40 Nov 15 | Fri | 6:00–8:00 pm | \$40 Dec 11\* | Wed | 6:30 –8:30 pm | \$40

\*Dec 11 class located at Meridian Homecourt

Bay 6

## Drop a Line; the Fishing's Fine!



Try you luck at the ponds in Kleiner, Settlers, Heroes, or Fuller Park.

An Idaho fishing license is required of anyone over 14 years of age. Kids under age 14 are not required to have a license to fish.Bag limits and other fishing rules apply.

Details at: Idfg.idaho.gov/fish

#### **Introduction to Belly Dance**

**Ages:** 16+

**Instructor:** One World Dance **Location:** Multiple Locations

Min/Max: 2/20

Not motivated to move by competition and games? Try music, culture, and art as motivation to move! Dance moves from North African countries such as Egypt, Morocco and Tunisia are a total body workout which is excellent at strengthening core muscles. The non-impact and low-impact dance moves strengthen all your core muscles and provide an aerobic exercise which doesn't harm joints.

#### **Meridian Community Center**

Sept 4–25 | Wed | 5:30–6:30 pm | \$60 Oct 2–30 | Wed | 5:30–6:30 pm | \$60 Nov 6–Dec 18\* | Wed | 5:30–6:30 pm | \$90 \*no class Nov 27

#### **Meridian Homecourt Bay 6**

Sept 7—28 | Sat | 11:00—12:00 pm | \$60 Oct 5—26 | Sat | 11:00—12:00 pm | \$60 Nov 2—Dec 21\* | Sat | 11:00—12:00 pm | \$90 \*no class Nov 30

#### **Introduction Drum Circle**

**Ages**: 6+ parent must be present **Instructor**: One World Dance

Location: Meridian Homecourt Bay 6

Min/Max: 2/20

Zone out and learn rhythms from North Africa. It's a musical meditation! Research shows participating in drum circles lowers stress hormones and improves mental abilities. For children, learning to play a musical instrument or to dance improves reading ability. Great family fun, or come alone!

Sept 7—28 | Sat | 12:00—1:00 pm | \$60 Oct 5—26 | Sat | 12:00—1:00 pm | \$60 Nov 2—Dec 21\* | Sat | 12:00—1:00 pm | \$90 \*no class Nov 30

**VOLUNTEERS NEEDED!** Meridian Parks and Recreation is seeking adult and teen volunteers to lend a hand at upcoming events including the Community Art Party, Trunk or Treat, the Winter Lights Parade, and the Children's Winterland Festival. https://meridiancity.org/residents/be-involved/volunteer-opportunities/



Volunteer teams are needed to rake the yards of Meridian seniors and those unable to rake due to physical constraints.

meridiancity.org/rakeup







## **Adult & Senior Activities**



**Ages:** 18+

Instructor: Mary Chapin

**Location:** Meridian Homecourt

Bay 6

Are you ready for the ultimate confidence infusion? Channel your inner pop diva in the original dance party workout — Jazzercise! It blends dance, Pilates, yoga, kickboxing and strength training into one 55-minute workout. Your instructors are certified for maximum fun in a safe environment. Join our supportive fitness tribe and have that undeniable mood boost. We are for all ages and fitness levels!

Bring your mat and water bottle and join the fun!

### **Pricing options:**

\$25 for one class

\$154 for 8-class pass (two month expiration)

\$79 per month if you pre-pay for Fall Package (Sept—Dec)

\$89 UNLIMITED month

### **Meridian Homecourt Bay 6 Schedules**

Min/Max: 2/40

Sept 3–30 | Mon–Sat | 9:30–10:30 am | \$89 Oct 1–31\* | Mon–Sat | 9:30–10:30 am | \$89 Nov 1–30\* | Mon–Sat | 9:30–10:30 am | \$89 \*no class Nov 28 & 29

Dec 2-31\* | Mon-Sat | 9:30-10:30 am | \$89

\*no class Dec 14 & 25

Sept 4–30 | Mon/Wed | 5:40–6:40 pm | \$89 Oct 2–30 | Mon/Wed | 5:40–6:40 pm | \$89 Nov 4–27 | Mon/Wed | 5:40–6:40 pm | \$89 Dec 2–30\* | Mon/Wed | 5:40–6:40 pm | \$89 \*no class Dec 25



## **Adult & Senior Activities**

## Line Dancing - Beginner

Ages: Teen, Adult & Senior Instructor: Randy Lattimer Location: Meridian Homecourt

Min/Max: 5/30

Just starting out? This is the class for you. Line dances are patterns of steps repeated throughout the song. Patterns in this Beginner class are pretty simple and easy to memorize. Randy can tailor the class to your needs, so just be sure to let him know if he should slow it down or speed it up. Randy specializes in helping people learn how to line dance effectively regardless of the level of experience or skill. Line dancing is meant to be a fun experience for everyone. Ages 12 and under may attend with a paid adult

Sept 8–29 | Sun | 4:00–5:00 pm | \$28 Oct 6–Nov 3 | Sun | 4:00–5:00 pm | \$35 Dec 15–29 | Sun | 4:00–5:00 pm | \$21

## **Line Dancing – Improver**

Ages: Teen, Adult & Senior Instructor: Randy Lattimer Location: Meridian Homecourt

Min/Max: 5/30

No longer a beginner? Not quite intermediate?

Then this is the class for you!

Sept 8–29 | Sun | 5:00–6:00 pm | \$28 Oct 6–Nov 3 | Sun | 5:00–600 pm | \$35 Dec 15–29 | Sun | 5:00–6:00 pm | \$21

## **Line Dancing – Intermediate**

Ages: Teen, Adult & Senior Instructor: Randy Lattimer Location: Meridian Homecourt

Min/Max: 5/30

If you know the basic patterns and steps to line dancing and if you have mastered syncopations and are ready to move into phrasing and longer patterns with restarts and tags, then you are ready to join us in our intermediate level line dance class. So bring your talent and join in. We will see you in class.

Sept 8–29 | Sun | 6:00–7:00 pm | \$28 Oct 6–Nov 3 | Sun | 6:00–7:00 pm | \$35 Dec 15–29 | Sun | 6:00–7:00 pm | \$21



### **Intro to Dance**

Ages: Teen, Adult & Senior Instructor: Randy Lattimer Location: Meridian Homecourt

Min/Max: 5/30

What is country dance? This class will introduce you to some of the basic country dances such as west coast swing, east coast swing, county 2-step, nightclub 2-step, polka, waltz, and pattern dances. We will pick a dance each month to concentrate on for learning the basics and also introduce other dances at each class.

Sept 3–24 | Tue | 7:00–9:00 pm | \$40 Oct 1–Nov 5 | Tue | 7:00–9:00 pm | \$60 Dec 10–17 | Tue | 7:00–9:00 pm | \$20

## **Intermediate 2-Step**

Ages: Teen, Adult & Senior Instructor: Randy Lattimer Location: Meridian Homecourt

Min/Max: 5/30

You will need to know the basic 2-step (quick, quick, slow, slow) to attend this class. Along with some fun patterns, you will learn the importance of your positioning, timing, and connection.

Sept 3–24 | Tue | 9:00–10:00 pm | \$40 Oct 1–Nov 5 | Tue | 9:00–10:00 pm | \$60 Dec 10–17 | Tue | 9:00–10:00 pm | \$20

## **Adult & Senior Activities**

#### **Social Dance**

**Ages:** Teen, Adult & Senior **Instructor:** Randy Lattimer

Location: Meridian Homecourt Bay 6

Min/Max: 5/30

Life is better when you dance. Country, line and swing dance for all ages. No partner required. Grab your family and friends and join the fun. Dance lesson from 7:30-8:00. Bring your own non-alcoholic beverages and snacks. More info at 208-941-4853.

Sept 13 | Fri | 7:00–10:00 pm | \$10 Sept 27 | Fri | 7:00–10:00 pm | \$10 Oct 4 | Fri | 7:00–10:00 pm | \$10 Oct 25 | Fri | 7:00–10:00 pm | \$10 Dec 20 | Fri | 7:00–10:00 pm | \$10 Dec 27 | Fri | 7:00–10:00 pm | \$10

#### CAN YOU HELP?

# BOOK DONATIONS NEEDED

The Little Free Library in Meridian City Hall's outdoor plaza always welcomes your donation of books in good condition. If you have books to donate, simply place them in the Little Free Library at any time or drop them at the reception desk inside City Hall's main lobby during regular business hours: Monday - Friday, 8am-5pm, excluding holidays. Thanks!



A program of Meridian Parks and Recreation / 208-888-3579

### **GUIDED HISTORIC WALKING TOUR**

Downtown Meridian
Saturday, August 17, 2024 10:00AM





Please join us at Meridian City Hall's front steps on Saturday, August 17 at 10:00AM and take a guided tour led by volunteer Historic Preservation Commissioners to explore Downtown Meridian's architecture and history. Wear your walking shoes and dress for the weather.

The tour is free, no registration necessary!



# Free Outdoor Concert

BOISE BLUES SOCIETY BLUES FESTIVAL Featuring: Sawtooth Blues Band, Deb Michels Gang, and the Billy Blues Band

> Friday, August 16 7:00 - 9:00 pm Kleiner Park Bandshell FREE!





MERIDIAN; meridiancity.org/kleinerparklive

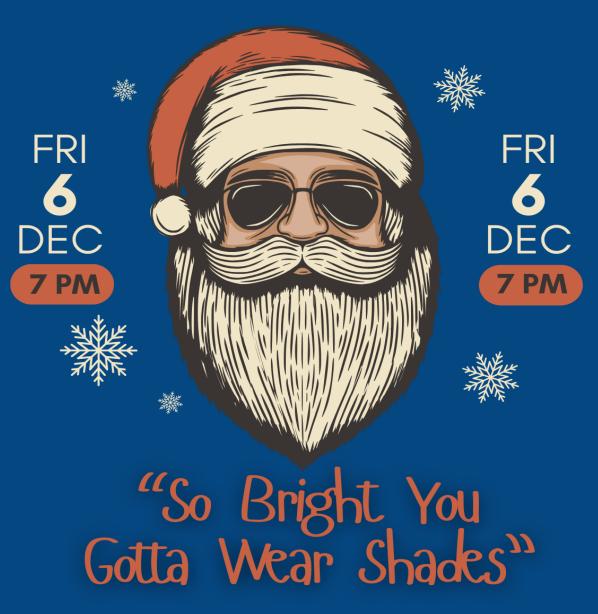




Looking for more senior activities? Check out the **Meridian Senior Center** meridianseniorcenter.org \* 208-888-5555 \* 1920 N. Records Ave in Kleiner Park



# CHRISTMAS PARADE



# **DOWNTOWN MERIDIAN**

WINTERLIGHTS PARADE TREE LIGHTING FREE HOT COCOA FOOD TRUCKS SANTA

meridaincity.org/Christmas

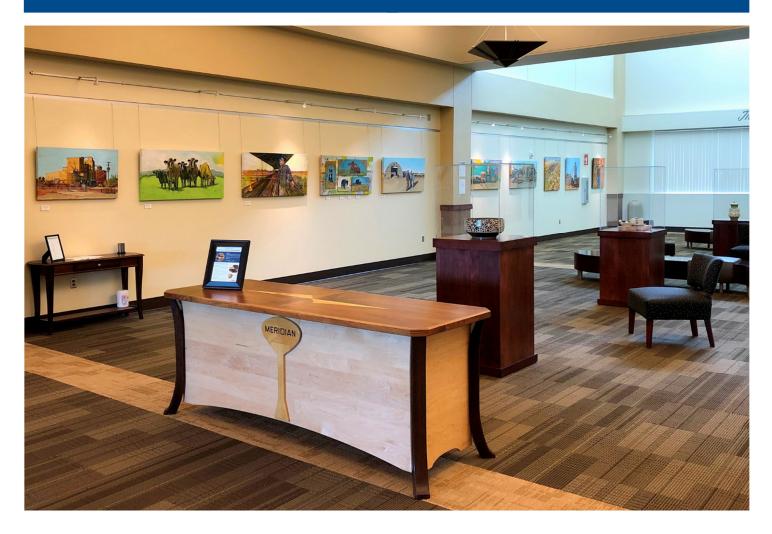


# **VISIT INITIAL POINT GALLERY**

See the work of talented artists each month

Meridian City Hall
Third Floor
Monday-Friday, 8am-5pm
Free Admission

MEET THE ARTISTS!
Opening Receptions for
Each New Exhibit



New Exhibits Open:

Aug. 6, Oct. 1, Nov. 6, Dec. 3

Learn more at: meridiancity.org/gallery

THE CITY OF MERIDIAN'S

# Volunteer Program

NEEDS YOU

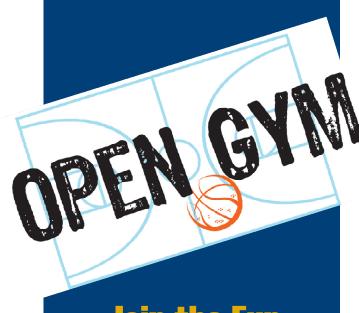


- Patrol our City parks as a Park Ambassador
- Greet visitors at Meridian City Hall's reception desk
- Assist various City departments and at community events
- Take part in individual or group service projects



Interested? Contact Meridian Parks and Recreation (208) 888-3579 recreation@meridiancity.org
Or visit us online at: meridiancity.org/volunteer

## **Meridian Homecourt Information**



Join the Fun at the

# Meridian Homecourt

936 Taylor Ave., Ste. 104 Meridian, Idaho (208) 288-4400

Learn more online at: meridiancity.org/ homecourt



The Meridian Homecourt is the City of Meridian's approximately 49,000 square foot indoor sports court facility featuring four NBA sized multi-use basketball courts.

These courts can be converted to accommodate 14 pickleball courts and 7 volleyball courts. Meridian Homecourt also includes two large multi-use Community Education rooms that a host a variety of youth and adult recreation classes.

The facility provides the community a clean, safe, well-maintained place to enjoy various types of indoor recreation year-round!



### Directions:

To find the Meridian Homecourt, turn north onto NW 10th Street from Franklin Road between Meridian Road and Linder Road. Follow NW 10th Street until it curves right and you'll see the Meridian Homecourt on your left!

To view the current activity schedule, access additional information, or inquire about renting the facility, please visit meridiancity.org/homecourt or email homecourt@meridiancity.org.



# **Host Your Next Outdoor Gathering** at Our Place!

Looking for a fun and unique location to hold an outdoor get-together? Meridian's City parks have picnic shelters in a variety of sizes ideal for casual meetings and celebrations for groups of up to 400 people!

While nearly all of Meridian parks have individual picnic tables you can use for free on a first-come, first-served basis for impromptu picnics, we recommend that you make a pre-paid reservation in advance if you wish to utilize one of our covered picnic shelters and its amenities on a specific date and time for a gathering or special event.

During 2024, picnic shelter are reservable from March 30—October 20.

You can research your options, check availability, book and pay for a shelter reservation online at meridiancity.org/parks at any time or with the assistance of our staff via telephone or an in-person visit to the 2nd floor of Meridian City Hall during our regular weekday business hours, which exclude major holidays.

All of our picnic shelters feature a shade covering, picnic tables, trash receptacles, charcoal grill, and nearby restroom facilities. Additional field space or sports fields may also be available to rent.

Park visitors are expected to adhere to all Park Use Policies and may be required to purchase additional permits when applicable.

## Learn more about our Parks and Park Use Policies at: meridiancity.org/parks

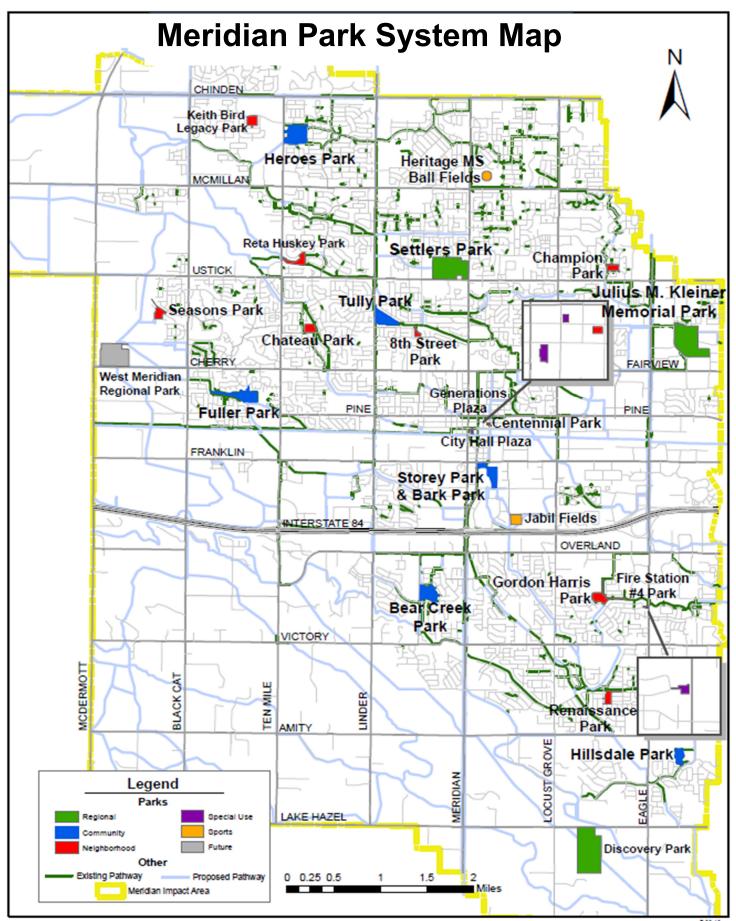


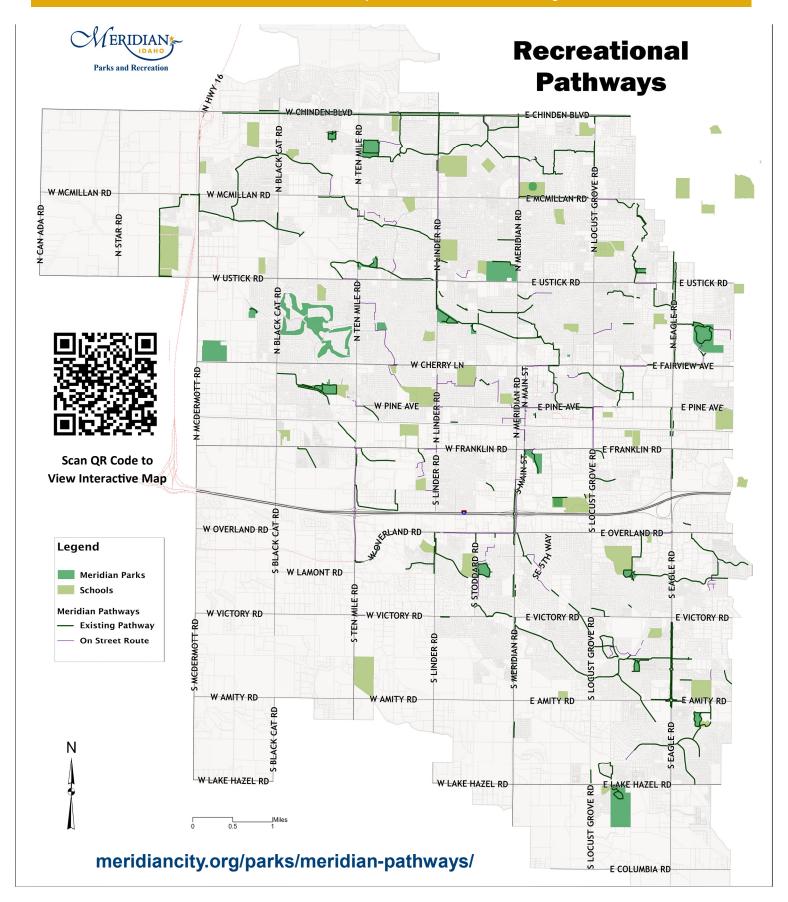
# Picnic Shelter Rental Options

For additional information or to place a reservation, visit meridiancity.org/parks or call 208-888-3579.

PARK	# of PICNIC SHELTERS	PICNIC SHELTER MAX. CAPACITIES	PICNIC SHELTER RENTAL FEE RANGE* (Per Rental Time Block — Pre-Payment Required)
Discovery Park 2121 E. Lake Hazel Road	3	75—250	\$75—\$125 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Julius M. Kleiner Memorial Park 1900 N. Records Avenue	5	100—400	\$50—\$150 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Settlers Park 3245 N. Meridian Road	3	50—200	\$50—\$75 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Bear Creek Park 2400 S. Stoddard Road	1	100	\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Fuller Park 3761 W. Park Creek Drive	3	50—100	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Heroes Park 3064 W. Malta Drive	1	300	\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Hillsdale Park 3801 E. Hill Park Street	2	50—100	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Storey Park 205 E. Franklin Road	2	200	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Tully Park 2500 N. Linder Road	2	50—300	\$40—\$75 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
8th Street Park 2235 N.W. 8th Street	1	30	\$40 Noon—9pm
Centennial Park 223 E. Idaho Avenue	1	30	\$40 Noon—9pm
Champion Park 3430 N. Troxell Way	1	30	\$40 Noon—9pm
Chateau Park 2640 W. Chateau Drive	1	30	\$40 Noon—9pm
Gordon Harris Park 2400 E. Three Bars Drive	1	50	\$40 Noon—9pm
Keith Bird Legacy Park 3737 W. Lost Rapids Drive	1	30	\$40 Noon—9pm
Renaissance Park 4155 S. Genoard Avenue	1	30	\$40 Noon—9pm
Reta Huskey Park 2887 Tubac Drive	1	30	\$40 Noon—9pm
Seasons Park 5300 W. Ridgeside Street	1	30	\$40 Noon—9pm

<sup>\*</sup>Additional fees may apply or permits be required for amplified sound permit, gas bbq rental, short-term concession permits, rental of nearby playing fields, and excess clean-up or repairs. Full-day rental options are also available for the picnic shelters located in the first nine parks listed above. Idaho sales tax not included in prices listed above.





## **Meridian's Parks and Pathways**



# Big or Small... You Must License Them All

Meridian City Code 6-2-3 requires that all dogs living in the City of Meridian that are over six months old be licensed each calendar year.

Licensing ensures that dogs living within the City are rabies-vaccinated and enables them to be reunited with their owners if found running loose.

To learn how you can obtain a new license or renew an existing license for your dog(s), please call 208-888-4433 or visit the Meridian City Clerk's Office on the first floor of Meridian City Hall or go online to: meridiancity.org/city-clerk.

# MERIDIAN'S DOG PARKS

# Where Meridian Dogs Take Their People to Play!

The City of Meridian has two dedicated off-leash dog parks where well-behaved dogs can safely romp and play while their owners have a doggone good time socializing with fellow dog enthusiasts —

- Storey Bark Park 430 E. Watertower St.)
- Discovery Bark Park
   2121 E. Lake Hazel Road

Dog park amenities include safe leashing/ unleashing areas, separate large and small dog areas, shade shelters, water sources, agility playthings, paved walkways, a variety of ground surfaces, mutt mitt stations, tables and benches, and nearby restrooms and parking.

Both dog parks are free to the public and open year-round from sunrise to sunset daily.

## **Our Dog Park Rules:**

- Use park at your own risk
- Owners are responsible for the actions and behavior of their dogs
- Aggressive dogs must be removed immediately
- Dogs must have current license and vaccinations
- Owners must clean up after their dogs
- No dogs in heat
- Owner must be present and in control of his or her dog(s) at all times
- All dogs must be leashed outside the fenced area
- Children must be closely supervised
- Park hours are sunrise to sunset





City of Meridian
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